

MENTAL HEALTH AWARENESS TRAINING OPPORTUNITY



Endeavor is excited to provide your organization a **FREE** training on Mental Health and Suicide Prevention!

What is Included?

2

evidence based
practices are taught



Mental Health First Aid | MHFA

Teaches how to identify, understand, and respond to signs of mental health and substance use challenges

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Question, Persuade, Refer | QPR

Teaches how to recognize the warning signs of suicide crisis and how to question, persuade, and refer someone to help

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A Behavioral Health Resource Guide

Will include clear, practical information on how to identify and obtain local services

Who can participate in the training?

Anyone!

We are excited to offer this training to Youth, Adults, Older Adults, Military, Veterans and their families, Fire, EMS, Public Safety Professionals, First Responders, and more!

If you have any questions,
please contact Erin Quinn at
equinn@ehsny.org or call 716-560-1452

How long is the training?

This training can be provided in multiple formats. Reach out today to learn more!

To secure your training date,
please scan the QR code



bit.ly/46o9f36